



Trinity Exploration & Production plc
('Trinity' or the 'Company' or the 'Group')

Block listing Interim Review

Trinity Exploration & Production plc (AIM: TRIN), the independent E&P company focused on Trinidad and Tobago, provides its block listing update in respect of its existing block listing:

Name of <i>applicant</i> :		Trinity Exploration & Production plc	
LEI:		213800WHW7571LAEDG63	
Name of scheme:		Trinity's Long Term Incentive Plan	
Period of return:	From:	16 July 2020	To: 15 January 2021
Balance of unallotted securities under scheme(s) from previous return:		35,888,677 ordinary shares of USD 0.01 each in the Company	
<i>Plus</i> : The amount by which the block scheme(s) has been increased since the date of the last return (if any increase has been applied for):		None	
<i>Less</i> : Number of securities issued/allotted under scheme(s) during period (see LR3.5.7G):		4,745,057 ordinary shares of USD 0.01 each in the Company	
<i>Equals</i> : Balance under scheme(s) not yet issued/allotted at end of period		31,143,620 ordinary shares of USD 0.01 each in the Company	

Enquiries:

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About Trinity

Trinity is an independent oil and gas exploration and production company focused solely on Trinidad and Tobago. Trinity operates producing and development assets both onshore and offshore, in the shallow water West and East Coasts of Trinidad. Trinity's portfolio includes current production, significant near-term production growth opportunities from low risk developments and multiple exploration prospects with the potential to deliver meaningful reserves/resources growth. The Company operates all of its nine licences and, across all of the Group's assets, management's estimate of 2P reserves as at the end of 2019 was 20.9 mmbbls. Group 2C contingent resources are estimated to be 20.1 mmbbls. The Group's overall 2P plus 2C volumes are therefore 41.1 mmbbls.

Trinity is quoted on the AIM market of the London Stock Exchange under the ticker TRIN.