



Trinity Exploration & Production plc
("Trinity" or "the Group" or "the Company")

Notice of Results

Analyst Briefing and Investor Presentation

Trinity, the independent E&P company focused on Trinidad and Tobago, will announce full year results for the year ended 31 December 2019 on Wednesday 13 May 2020.

Analyst Briefing:

A briefing for Analysts will be held at 11.00 on Wednesday 13 May via web conference. Analysts wishing to join should contact trinityexploration@walbrookpr.com.

Investor Presentation:

The Company will be hosting a presentation through the digital platform Investor Meet Company at 17.30 on the evening of Wednesday 13 May. Chairman Bruce Dingwall, and Managing Director and Chief Financial Officer Jeremy Bridglalsingh, will present operational and financial results for the full year ended 31 December 2019, as well as an overview of the Company and its plans for the future.

Investors can sign up to Investor Meet Company for free and add to meet Trinity Exploration via the following link <https://investormeetcompany.com/trinity-exploration-production-plc/register-investor?arc=67fadd57-d5fe-4c5b-bf17-22467883feaa>. For those investors who have already registered and added to meet the Company, they will automatically be invited.

Questions can be submitted pre-event to trinityexploration@walbrookpr.com or in real time during the presentation, via the "Ask a Question" function. Whilst the Company will not be in a position to answer every question it receives, it will address the most prominent within the confines of information already disclosed to the market through regulatory notifications. Responses to the Q&A from the live presentation will be published at the earliest opportunity on the Investor Meet Company platform.

Investor feedback can also be submitted directly to management post the event to ensure the company can understand the views of all elements of its shareholder base.

A copy of the presentation will be made available on the website shortly after the presentation.

For further information please visit: www.trinityexploration.com or contact:

Trinity Exploration & Production plc	+44 (0)131 240 3860
Bruce Dingwall CBE, Executive Chairman	
Jeremy Bridglalsingh, Managing Director & Chief Financial Officer	
Tracy Mackenzie, Corporate Development Manager	
SPARK Advisory Partners Limited (Nominated Adviser and Financial Adviser)	+44 (0)20 3368 3550
Mark Brady	
Cenkos Securities PLC (Broker)	
Joe Nally (Corporate Broking)/Neil McDonald	+44 (0)20 7397 8900/+44 (0)131 220 6939
Walbrook PR Limited	+44 (0)20 7933 8780

Nick Rome

trinityexploration@walbrookpr.com

About Trinity

Trinity is an independent oil and gas exploration and production company focused solely on Trinidad and Tobago. Trinity operates producing and development assets both onshore and offshore, in the shallow water West and East Coasts of Trinidad. Trinity's portfolio includes current production, significant near-term production growth opportunities from low risk developments and multiple exploration prospects with the potential to deliver meaningful reserves/resources growth. The Company operates all of its nine licences and, across all of the Group's assets, management's estimate of 2P reserves as at the end of 2018 was 24.5 mmbbls. Group 2C contingent resources are estimated to be 18.8 mmbbls. The Group's overall 2P plus 2C volumes are therefore 43.3 mmbbls.

Trinity is quoted on the AIM market of the London Stock Exchange under the ticker TRIN.