



Trinity Exploration & Production plc
("Trinity" or "the Group" or "the Company")

Investor Presentations

Trinity, the independent E&P company focused on Trinidad and Tobago, today outlines its initial investor communications timetable for the second half of 2019 ("H2"). Management will be presenting at a range of retail and institutional focussed investor events in London and the regions throughout the remainder of the year enabling the Company to discuss operational and financial developments as well as an overview of the its strategy.

London Events

In addition to hosting an investor presentation and institutional meetings in London when interim results are announced in September, the Company will also present at the following events:

- ShareSoc event on 11 September
- Oil Capital Conference on 12 September
- Shares Conference on 23 October
- 121 Oil & Gas conference on 28-29 October

Regional Presentations

The Company will also be presenting at the following regional events:

- Shares Conference in Edinburgh on 14 November
- ShareSoc event in Manchester on 19 November

Bruce Dingwall CBE, Executive Chairman of Trinity, commented:

"We are very excited about our prospects for the remainder of the year and look forward to using the presentation opportunities to discuss our future plans with investors, including our ongoing drilling programme, which is about to recommence."

Enquiries

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About Trinity (www.trinityexploration.com)

Trinity is an independent oil and gas exploration and production company focused solely on Trinidad and Tobago. Trinity operates producing and development assets both onshore and offshore, in the shallow water West and East Coasts of Trinidad. Trinity's portfolio includes current production, significant near-term production growth opportunities from low risk developments and multiple exploration prospects with the potential to deliver meaningful reserves/resources growth. The Company operates all of its nine licences and, across all of the Group's assets, management's estimate of 2P reserves as at the end of 2018 was 24.5 mmbbls. Group 2C contingent resources are estimated to be 18.8 mmbbls. The Group's overall 2P plus 2C volumes are therefore 43.3 mmbbls.

Trinity is quoted on the AIM market of the London Stock Exchange under the ticker TRIN.