



Trinity Exploration & Production plc
('Trinity' or the 'Company' or the 'Group')

Director / PDMR Dealings

Trinity Exploration & Production plc (AIM: TRIN), the independent E&P company focused on Trinidad and Tobago, announces that on 11 July 2022, Jeremy Bridglalsingh, purchased 16,299 shares in the Company at a price of £0.9348 per share.

Following this transaction, Mr Bridglalsingh is interested in 69,135 Ordinary shares in the Company representing 0.178 per cent of the issued share capital (voting rights), of the Company as per the following table:

1	Details of the person discharging managerial responsibilities/person closely associated						
a)	Name	Jeremy Bridglalsingh					
2	Reason for the notification						
a)	Position/status	Chief Executive Officer					
b)	Initial notification/Amendment	Initial notification					
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor						
a)	Name	Trinity Exploration & Production plc					
b)	LEI	213800WHW7571LAEDG63					
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted						
a)	Description of the financial instrument, type of instrument Identification code	Ordinary shares of USD 0.01 per share par value GB00B8JG4R91					
b)	Nature of the transaction	Purchase					
c)	Currency	GBP					
d)	Price(s) and volume(s)	<table><tr><td>Price(s)</td><td>Volume(s)</td></tr><tr><td>£0.9348</td><td>16,299</td></tr></table>		Price(s)	Volume(s)	£0.9348	16,299
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£0.9348	16,299						

e)	Aggregated information - Aggregated volume - Aggregated price - Aggregated total	16,299 £0.9348 £15,236.31
f)	Date of the transaction	11 July 2022
g)	Place of the transaction	London Stock Exchange, AIM

Enquiries:

Trinity Exploration & Production plc

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Jeremy Bridglalsingh, Chief Executive Officer

Via Walbrook

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About Trinity (www.trinityexploration.com)

Trinity is an independent oil production company focused solely on Trinidad and Tobago. Trinity operates producing and development assets both onshore and offshore, in the shallow water West and East Coasts of Trinidad. Trinity's portfolio includes current production, significant near-term production growth opportunities from low risk developments and multiple exploration prospects with the potential to deliver meaningful reserves/resources growth. The Company operates all of its ten licences and, across all of the Group's assets, management's estimate of the Group's 2P reserves as at the end of 2021 was 19.73 mmbbls. Group 2C contingent resources are estimated to be 47.22 mmbbls. The Group's overall 2P plus 2C volumes are therefore 66.95 mmbbls."

Trinity is quoted on the AIM market of the London Stock Exchange under the ticker TRIN.