1. Issuer Details				
ISIN				
GB00BN7CJ686				
Issuer Name				
TRINITY EXPLORATION & PRODUCTION PLC				
UK or Non-UK Issuer				
UK				
2. Reason for Notification				
An acquisition or disposal of voting rights; An acquisition or disposal of financial instruments				
3. Details of person subject to the notification obligation				
Name				
David and Monique Newlands				
City of registered office (if applicable)				
Country of registered office (if applicable)				
Name City of registered office Country of registered office				
Name City of registered office Country of registered office				
Name City of registered office Country of registered office 4. Details of the shareholder				
4. Details of the shareholder Full name of shareholder(s) if different from the person(s)				
4. Details of the shareholder				
4. Details of the shareholder Full name of shareholder(s) if different from the person(s) subject to the notification obligation, above				
4. Details of the shareholder Full name of shareholder(s) if different from the person(s)				
4. Details of the shareholder Full name of shareholder(s) if different from the person(s) subject to the notification obligation, above City of registered office (if applicable)				
4. Details of the shareholder Full name of shareholder(s) if different from the person(s) subject to the notification obligation, above				
4. Details of the shareholder Full name of shareholder(s) if different from the person(s) subject to the notification obligation, above City of registered office (if applicable) Country of registered office (if applicable)				
4. Details of the shareholder Full name of shareholder(s) if different from the person(s) subject to the notification obligation, above City of registered office (if applicable) Country of registered office (if applicable) 5. Date on which the threshold was crossed or reached				
4. Details of the shareholder Full name of shareholder(s) if different from the person(s) subject to the notification obligation, above City of registered office (if applicable) Country of registered office (if applicable) 5. Date on which the threshold was crossed or reached 11-Mar-2022				
4. Details of the shareholder Full name of shareholder(s) if different from the person(s) subject to the notification obligation, above City of registered office (if applicable) Country of registered office (if applicable) 5. Date on which the threshold was crossed or reached 11-Mar-2022 6. Date on which Issuer notified				
4. Details of the shareholder Full name of shareholder(s) if different from the person(s) subject to the notification obligation, above City of registered office (if applicable) Country of registered office (if applicable) 5. Date on which the threshold was crossed or reached 11-Mar-2022				

	% of voting rights attached to shares (total of 8.A)	% of voting rights through financial instruments (total of 8.B 1 + 8.B 2)	Total of both in % (8.A + 8.B)	Total number of voting rights held in issuer
Resulting situation on the date on which threshold was crossed or reached	7.38	0.76	8.14	3,164,500
Position of previous notification (if applicable)	6.99	0.70	7.69	

8. Notified details of the resulting situation on the date on which the threshold was crossed or reached

8A. Voting rights attached to shares

Class/Type of shares ISIN code(if possible)	Number of direct voting rights (DTR5.1)	Number of indirect voting rights (DTR5.2.1)	% of direct voting rights (DTR5.1)	% of indirect voting rights (DTR5.2.1)
GB00BN7CJ686	2,869,000		7.38	
Sub Total 8.A	2,869,000		7.38%	

8B1. Financial Instruments according to (DTR5.3.1R.(1) (a))

Type of financial instrument	Expiration date	Exercise/conversion period	Number of voting rights that may be acquired if the instrument is exercised/converted	% of voting rights
Sub Total 8.B1				

8B2. Financial Instruments with similar economic effect according to (DTR5.3.1R.(1) (b))

Type of financial instrument	Expiration date	Exercise/conversion period	Physical or cash settlement	Number of voting rights	% of voting rights
long spread bet	rolling		Cash	295,500	0.76
Sub Total 8.B2				295,500	0.76%

9. Information in relation to the person subject to the notification obligation

1. Person subject to the notification obligation is not controlled by any natural person or legal entity and does not control any other undertaking(s) holding directly or indirectly an interest in the (underlying) issuer.

% of voting % of voting rights Total of both if it Name of rights if it equals through financial equals or is Ultimate controlled undertaking or is higher than the notifiable instruments if it equals higher than the notifiable controlling person or is higher than the threshold notifiable threshold threshold 10. In case of proxy voting Name of the proxy holder The number and % of voting rights held The date until which the voting rights will be held 11. Additional Information 12. Date of Completion 12-Mar-2022

13. Place Of Completion

UK