TR-1: Standard form for notification of major holdings

1a. Identity of the issuer or the underlying issuer of existing shares to which voting rights are at- tached ^a :			Trinity Exploration & Production Plc		
1b. Please indicate	if the issuer is a nor	n-UK issuer	(please ma	ark with an "X" if appro	opriate)
Non-UK issuer					
2. Reason for the n	otification (please ma	ark the appr	opriate box o	or boxes with an "X")	
An acquisition or disposal of voting rights					х
An acquisition or disp	osal of financial instrun	nents			
An event changing the	e breakdown of voting	rights			
Other (please specify) ⁱⁱⁱ :					
3. Details of persor	subject to the notifi	cation oblig	gation™		
Name			David & Monique Newlands		
City and country of re	gistered office (if applic	cable)			
4. Full name of sha	reholder(s) (if differer	nt from 3.) [,]			
Name					
City and country of re	gistered office (if applic	cable)			
5. Date on which th reached [⊮] :	e threshold was cros	ssed or	16/07/19		
6. Date on which issuer notified (DD/MM/YYYY):			17/07/19		
7. Total positions o	f person(s) subject t	o the notifi	cation oblig	Jation	
	% of voting rights at- tached to shares (to- tal of 8. A)	through fina me	ing rights ancial instru- ents 3 1 + 8.B 2)	Total of both in % (8.A + 8.B)	Total number of voting rights of is- suer ^{vii}
Resulting situation on the date on which threshold was crossed or reached	2.71%	0.53%		3.24%	384,049,246
Position of previous notification (if applicable)				<3%	

8. Notified details of the resulting situation on the date on which the threshold was crossed or reached^{viii}

A: Voting rights attached to shares

Class/type of shares ISIN code (if possible)	Number of voting rig	Jhts ^{ix}	% of voting rights	
	Direct (Art 9 of Directive 2004/109/EC) (DTR5.1)	Indirect (Art 10 of Directive 2004/109/EC) (DTR5.2.1)	Direct (Art 9 of Directive 2004/109/EC) (DTR5.1)	Indirect (Art 10 of Directive 2004/109/EC) (DTR5.2.1)
Ordinary	10,405,000		2.71%	
SUBTOTAL 8. A	10,405,000		2.71%	

B 1: Financial Instruments according to Art. 13(1)(a) of Directive 2004/109/EC (DTR5.3.1.1 (a))				
Type of financial in- strument	Expiration date ^x	Exercise/ Conversion Period [∞]	Number of voting rights that may be acquired if the instrument is exercised/converted.	% of voting rights
		SUBTOTAL 8. B 1		

B 2: Financial Instruments with similar economic effect according to Art. 13(1)(b) of Directive 2004/109/EC (DTR5.3.1.1 (b))					
Type of financial instrument	Expiration date ^x	Exercise/ Conversion Pe- riod ^{xi}	Physical or cash settlement ^{xii}	Number of voting rights	% of voting rights
Long spread bet			Cash	2,019,544	0.53%
			SUBTOTAL 8.B.2	2,019,544	0.53%

9. Information in relation applicable box with an "X"	to the person subject to	the notification obligation	(please mark the	
	ation obligation is not controlled g(s) holding directly or indirect			x
	rtakings through which the voti actively held starting with the u as necessary)		on or legal entity ^{xiv}	
Name∞	% of voting rights if it equals or is higher than the notifiable threshold	% of voting rights through financial in- struments if it equals or is higher than the notifiable threshold	Total of both if equals or is hig than the notifia threshold	her

10. In case of proxy voting, please identify:		
Name of the proxy holder		
The number and % of voting rights held		
The date until which the voting rights will be held		

11. Additional information ^{xvi}		

Place of completion	UK
Date of completion	17/07/19