



Trinity Exploration & Production plc
("Trinity" or "the Group" or "the Company")

Investor Presentations

Trinity, the independent E&P company focused on Trinidad and Tobago, announces that the Company will be presenting at the Mello Investor Event on Thursday 16 May 2019. The event will be at the Clayton Hotel Chiswick, 626 Chiswick High Road, Chiswick, London, W4 5RY. Executive Chairman Bruce Dingwall will be presenting to delegates at 09.15.

For further information on the Mello conference, please visit the event website at <https://melloevents.com/event/>

Regional Presentations

The Company will also be presenting at ShareSoc's regional events in Birmingham and Manchester. The Birmingham event takes place at Clayton Hotel Birmingham, Albert Street, Birmingham, B5 5JE and commences at 18.00 on Tuesday 25 June. The Manchester event will be the week later on Tuesday 02 July, commencing at 18.00 at the DoubleTree by Hilton Hotel, One Piccadilly Place, 1 Auburn Street, Manchester M1 3DG.

For further information on the ShareSoc events, please visit their website at <https://www.sharesoc.org/events/>.

Enquiries

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About Trinity (www.trinityexploration.com)

Trinity is an independent oil and gas exploration and production company focused solely on Trinidad and Tobago. Trinity operates producing and development assets both onshore and offshore, in the shallow water West and East Coasts of Trinidad. Trinity's portfolio includes current production, significant near-term production growth opportunities from low risk developments and multiple exploration prospects with the potential to deliver meaningful reserves/resources growth. The Company operates all of its nine licences and, across all of the Group's assets, management's estimate of 2P reserves as at the end of 2018 was 24.5 mmbbls. Group 2C contingent resources are estimated to be 18.8 mmbbls. The Group's overall 2P plus 2C volumes are therefore 43.3 mmbbls.

Trinity is quoted on the AIM market of the London Stock Exchange under the ticker TRIN.